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|  | **Girls** | **Boys** | **Bye** |
| Thurs. October 17 | EMBM @ HFND @ SM | HF @ EMBMSM @ ND | St. Vital |
| Thurs. October 24 | HF @ SVSM @ EMBM | SV @ HFEMBM @ SM | Notre Dame |
| Thurs. October 31 | ND @ HFEMBM @ SV | HF @ NDSV @ EMBM | St. Mary |
| Tues. November 5 | SM @ NDSV @ HF | ND @ SMHF @ SV | EMBM |
| Thurs. November 7 | SV @ NDEMBM @ SM | ND @ SVSM @ EMBM | Holy Family |
| Thurs. November 14 |  HF @ EMBMSM @ SV | EMBM @ HFSV @ SM | Notre Dame |
| Tues. November 19 | HF @ NDSV @ EMBM  | ND @ HFEMBM @ SV |  St. Mary  |
| Thurs. November 28 | ND @ EMBMHF @ SM | EMBM @ NDSM @ HF | St. Vital |
| Thurs. December 5 | ND @ SVSM @ HF | SV @ NDHF @ SM | EMBM |
| Tues. December10 |  EMBM @ NDSV @ SM | ND @ EMBMSM @ SV | Holy Family |
| Thurs. December 12afternoonLOCCS Tourney | @ EMBM | @ HF |  |

**Volleyball Schedule 2019**

**LEAGUE RULES:**

1. Matches are to be played from 4-5:00pm, regardless if a match is won early. You can then do a best of 5 instead, or play extra games for fun. The ref will call the end of the match just before 5.
2. All matches will be played by Triple Ball rules– serve, toss, toss, serve, toss, toss, etc.
3. Tosses must be to Position 6 which is halfway between the attack line and end line in the middle of the court. Any tosses at or in front of the attack line must be re-tossed.
4. Play from the toss must be a forearm pass – no setting allowed on any return from a toss or serve. First balls should be passed to the setter position (Position 2 for elementary). Hitting it over the net on a first ball should never be encouraged.
5. When serving, a player has only 1 chance to toss the ball. If it is a bad toss the player must still try and hit it. They only get 1 chance to serve. If they cannot hit their toss, it is a loss of serve and point for the other team.
6. After teams shake hands, have your team also shake hands with the ref and say thank you.
7. The ref is to be paid $15.00.
8. Winning coaches are responsible to email Val the scoresheet that evening or the next day. You can also just take a picture and text it to me at 306-441-2336 if that is easier for you.