**LOCCS Grade 6/7 Basketball League**

**General Information and Rules**

Games begin at 4:00 pm and finish at 5:00pm. Please contact the team & Val to contact refs ASAP if you have to default a game. Any missed games will need to be rescheduled for accurate tournament seeds. If it cannot be rescheduled, the team cancelling will receive a loss and the opponent a win.

The officials will be provided by John Paul II students. Please pay each official **$15** (there will be 2 refs) They may be lenient with the 3 second rule and extend it a few more seconds. **Please remember they are not professionals and should not hear comments from any coaches or players.** If you need to discuss something with them, do it politely during a time out or a half time break. Please be respectful.

In the event of comments to, or about, refs by parents the refs are instructed at ref clinics to let the coach know. If that occurs, it is up to the coach to talk to the parent about not making comments or they will be asked to leave the gym.

**Scorekeeping tables should have** **no more than 2 students** at them to keep them attentive to the game. The winning coach needs to scan the scoresheet or text it to Val. (306-441-2336)

**RULES:** (continued on back)

Time - Games will be **four 12 minute quarters of straight time**, unless the score is within 10

 points. If the score is within 10 points, the last **2** minutes of the last quarter will be stop

 time.

 -There will be a 1 minute time out between each quarter and 5 minutes at half time, unless

 otherwise discussed by the coaches. (to shorten these time out times)

 -Time should be stopped during free throws and time-outs only.

Defense - Teams MUST play **man-to-man** defense. (NO ZONE defense allowed)

 - NO pressing in the first half. Teams must give half for all throw ins.

 You may press in the second half as long as the scores are within 20 points.

Time outs-Each team is allowed **2 (1 minute) time outs in each half**. (clock will stop)

Jump balls - To reduce the number of jump balls, alternating possession will be used. Please

 have an arrow at your score table or teach the scorekeepers how to put it on the

 score clock.

Bonus rule – after **8 team** fouls in a half, we WILL shoot **2** bonus free throws.

Playing time – coaches are to ensure **equal participation** for players during **league play** (grade 5 or 6 students may get less playing time. **Unless you have no subs, ALL players must be subbed off during the game**) During tournaments playing time is up to the coach’s discretion.

Substitutions – can occur on ANY whistle – does not matter which team has possession

 (**NO** subbing after a basket, but a time out may be called)

 \*This is a NEW change to allow for a better chance for equal play.\*

If any situations arise during the season regarding rules, please let Val know so they can be edited and corrected to ensure games run smoothly.